



## Inspired Ideas - an Index

Parents and families	Couples	Communities	People in prison	People in hospital	Campaigning	Faith and prayer
Tea and toast	Prayer cards for couples	The granny waggon	The big book share	Coffee, cake and chat	Bye buy childhood (BBC)	A cross in my pocket
First time Mums	Valentine's day services	Breaktime	Book work	Children's wash bags	Postcard campaign - BBC	Prayer trees
Top tips for mums and dads	Helping couples prepare for marriage	Teddies for tragedies	Craft sessions in prison	Knitting breasts	Working with the church - BBC	Advent travelling crib
Pampering sessions	Befriending couples preparing for marriage	Practical support for those seeking refuge	Guide and scout groups in prison	Unto us a star is born	Labelled for Life	Books of comfort
Parents' groups	Helping couples organise their wedding	Snack and chat	Working with other agencies in prison		Making a difference	Hand in Hand
Tackling Torment	Introducing couples to a friendly church	Rice and bikes				Prayer shawls
Mothers' Union mothers active (MUMA)	Wedding teas	Friendship and more				Story telling
Parent and toddler groups	Praying for couples	Fork to plate project				Keeping in touch with baptism families
What dads add		The golden girls club				Gifts for baptism families
Fun for a family for free		Grub on no grant				Baptism 'leaves'
Fun and food on a fiver						Prayer chains
Child contact centres						Prayer cushions
Away from it all holidays						Messy palms