

Informal Day Programme

Time	Session
10.45	Welcome and introduction
11.00	Inspired by God
	Reflection: We are the light of the world
11.20	Sharing and celebrating
	Exploring and celebrating how we currently reach out to others; our family, friends, community
12.00	Mothers' Union matters
	Given that we are the Mothers' Union, what sort of factors should help us decide who and how we can most effectively help and care for?
12.15	Inspiring each other
	Reflection: Sharing God's light (includes midday prayers)
12.30	Inspired by others
	An opportunity to explore what other members are doing around the UK & Ireland
12.50	Lunch
1.30	Inspiration for the future
	Considering any new initiatives we might consider introducing — an opportunity to do a bit of dreaming and planning!
2.35	Looking ahead
	Personal reflection: Walking in the light
2.50	Inspiring others
	How we can include others in the ideas we've explored together today: members, 'not yet' members, clergy
3.20	Closing worship
	We are the light of the world
3.30	Ends