# **MOTHERS' UNION**

# **KNITTING PATTERNS**



**PREMATURE BABY** 

NEO-NATAL BONNET &
MATINEE JACKET, HAT AND MITTENS

# **NEO-NATAL BONNET**

#### You will need:

4 ply baby wool Size 10 (3.25 mm) needles

Cast on 69 stitches Work 6 rows in K1, P1 rib Work 18 rows in the following pattern;

1 - K3 (wool fwd, K2 tog, wool fwd, K2 tog, K5) K3 2 - Purl

Then work 4 rows in stocking stitch

TO SHAPE CROWN - working in garter stitch

Row 30 - K7, K2 tog to last 6 sts, K6

Row 31 and alternate rows - knit

Row 32 - K6, K2 tog to last 6 sts, K6

Row 34 - K5, K2 tog to last 6 sts, K6

Row 36 - K4, K2 tog to last 6 sts, K6

Row 38 - K3, K2 tog to last 6 sts, K6

Row 40 - K2, K2 tog to last 6 sts, K6

Row 42 - K1, K2 tog to last 6 sts, K6

Draw thread through remaining stitches and finish off seam.

# PREMATURE BABY'S JACKET

# You will need:

2 x 25 grams 3-ply baby wool 1 pair Size 12 (2.75 mm) needles 1 pair Size 11 (3 mm) needles 5 small buttons

## **PATTERN**

1<sup>st</sup> row – Knit 2<sup>nd</sup> row – Purl Repeat two times more 7<sup>th</sup> row – K1 P1 across row 8<sup>th</sup> row – P1 K1 across row

## RIGHT FRONT

Cast on 36 stitches on 2.75 needles Work K1 P1 rib for 10 rows Change to 3 needles

1<sup>st</sup> row - K1, P1, K1, P1, K1, P1, knit to end 2<sup>nd</sup> row – Purl to last 6 stitches, K1, P1, K1, P1, K1, P1

Continue in pattern for 5 full patterns (40) rows keeping K1 P1 rib for last 6 sts at center front.

## TO SHAPE NECKLINE AND ARMHOLE

1<sup>st</sup> row - K1, P1, K1, P1, K1, P1, K2 together, knit to end 2<sup>nd</sup> row – Cast off 3 sts, purl to last 6 sts, K1, P1, K1, P1, K1, P1

Continue to decrease at neck edge on alternate rows as above 7 times more and at the same time decrease by working to last 3 sts, S1, K1, PSSO, K1, in alternate rows until 9 sts are left.

Next row – P1, P2 tog, K1, P1, K1, P1, K1, P1
Next row – K1, P1, K1, P1, K1, P1, K2 tog, K1
Next row – P1, P2 tog, K1, P1, K1, P1,
Continue on these 6 sts for 18 rows – cast off.

#### LEFT FRONT

Cast on 36 stitches on 2.75 needles Work 4 rows P1, K1 rib 5<sup>th</sup> row – Rib to last 6 sts, P1, K1, M1, K2 tog, P1, K1 Rib to total of 10 rows Change to 3 needles Knit across to last 6 sts, P1, K1, P1, K1, P1, K1

Repeat buttonhole in every 10<sup>th</sup> row. Continue in pattern for 5 patterns.

## TO SHAPE ARMHOLE AND NECKLINE

Cast off 3 sts, knit to last 8 sts, k2 tog, P1, K1, P1, K1, P1, K1

Next row - P1, K1, P1, K1, P1, K1, purl to end.

Next row - K1, S1, K1, PSSO, knit to last 8 sts, k2 tog, P1, K1, P1, K1, P1, K1

Continue in this manner, decreasing at neck for a total of 8 decreases. At same time decrease at armhole side every alternate row until 9 sts remain.

Next row - P1, K1, P1, K1, P2 tog, P1 Next row - K1, K2 tog, K1, P1, K1, P1, K1 Next row - P1, K1, P1, K1, P2 tog, P1, continue on these 6 sts for 18 rows - cast off.

## **BACK**

Cast on 66 stitches on 2.75 needles Rib K1, P1 for 10 rows Change to 3 needles and pattern for 40 rows.

Cast off 3 sts at beginning of next 2 rows, then decrease on alternate rows. K1, S1, K1, PSSO, pattern to last 3 sts, K2 tog, K1
Continue until 22 stitches are left – cast off.

## **SLEEVES**

Using larger needles (for softer edge) cast on 39 stitches Change to 2.75 needles, rib for 10 rows Change to 3 needles – proceed as follows;

Knit pattern 5 times (40 rows) – however in every 3<sup>rd</sup> row of pattern, K3, increase in next stitch by knitting into front and back of same, then knit to last 4 sts, increase in next stitch as before, K3.

Do not cast off any stitches at armhole edge but decrease as follows;

K1, S1, K1, PSSO, knit to last 3 sts, K2 tog, K1. Continue to decrease in this way on alternate rows until 9 sts are left – cast off.

Sew all seams on right side – it makes a softer seam.

# PREMATURE BABY'S BONNET

You will need:

Double Knitting wool Size 8 (4 mm) needles

Cast on 40 stitches

Knit 1 row

Next row - \*K1, wool fwd, K2 tog\* repeat from \* to \* across the row

Knit 1 row

Next row – starting with a knit row, work 3 inches in stocking stitch from cast on edge

Next row - \*K2, K2 tog\* repeat from \* to \* across the row

Next row – purl

Next row - \*K1, K2 tog\* repeat from \* to \* across the row

Next row – purl

Next row - K2 tog across the row - break off the wool

Thread the wool through the stitches and sew seam for one inch only.

## **MITTENS**

You will need:

Baby Yarn Size 5 (5.5 mm) needles

Cast on 20 stitches

Work knit 2 purl 2 ribbing for 5 rows.

Knit one row purl 1 row for a total of 12 rows.

Knit 3, knit 2 together, \* knit 4, knit 2 together, repeat from \* across.

Purl next row.

Knit 3, knit 2 together, \* knit 3, knit 2 together, repeat from \* across.

Purl next row.

Knit 3, knit 2 together, \* knit 2, knit 2 together, repeat from \* across.

Purl next row. Cut thread leaving enough to sew up. Thread through the stitches on the needle, and then sew along side seam.

# **BOOTEES**

You will need:

4 ply wool Size 12 (2.75 mm) needles 37cm of Ribbon for each bootee

Cast on 50 stitches
Knit 16 rows in garter stitch
Next row – knit 30, turn
Next row – knit 8, turn
Next row – knit 7, K2 tog, turn



Repeat last two rows until there are 38 stitches left altogether

Knit two rows
Next row – K1, # wool fwd, K2 tog, repeat from # until last st, K1
Next row – knit
Then knit 16 rows K2, P2
Cast off loosely
Draw thread through remaining stitches and finish off seam.

# ANGEL POCKET

## You will need:

4 ply wool Size 9 (3 ¾ mm) needles

The finished size does not matter but here are the approximate finished sizes and weights:

Size 1 - 17cm [61/2"]square | 20gm [1/2oz]weight

Size 2 - 22cm [9"] | 30gm [1oz]

Size 3 - 28cm [11"] | 40gm [11/4oz]

Size 4 - 33cm [13"] | 70gm [21/4oz]



# SQUARE:

Cast on 75, [101] [125] [151] stitches 1st row Wrong Side

Knit to centre 3 stitches Slip 1,knit 2 together, pass slip stitch over, knit to end of row 2nd row Knit.

Repeat these two rows until 3 stitches remain

Next row :- Slip 1 knit 2 together Pass slip stitch over. Fasten off.

#### TRIANGLE:

This forms the pocket

At the cast on edge of the square [2 sides] Pick up 75, 101, 125. 151. stitches 1st row:- Wrong Side Knit 2 together, knit to centre 3 stitches Slip 1. knit 2 together, pass slip stitch over,

knit to the last 3 stitches, knit 2 together knit 1.
2nd row :- Knit
Repeat these 2 rows until 7 stitches remain
Next row Knit 1, knit 2 together knit1, knit 2 together. Knit 1
Cast off remaining 5 stitches.

# TRAUMA TEDDIES

## You will need:

No 10 (3½mm) needles
Double knitting wool in four colours:
Colour 1 for the head and paws
Colour 2 for the trousers
Colour 3 for the jumper
Colour 4 for the scarf



# Legs, body and head:

Cast on 10 stitches in colour 1
Knit 10 rows
Change to trouser colour and knit 30 rows
Make another leg the same
Knit across all 20 sts and work 16 rows
Change to jumper colour and knit 24 rows
Change to main colour for head and also change to stocking stitch.
Work for 5½" (14cm) and change to jumper colour
Continue remainder of teddy in reverse order. Cast off.

#### Arms:

Stitch down the side of the head and with the jumper colour pick up 8 stitches on either side of the neck join (16 stitches in all) and knit 20 rows Change to main colour and knit 10 rows for the paws, cast off.

## Scarf:

Cast on 75 stitches in colour 4, knit 4 rows and cast off.

# To make up:

Sew diagonally the top corners of the head to make ears. Stuff the head and run a thread through the knitting around the neck to draw it in. Sew up the rest of teddy leaving opening in crotch for stuffing. Sew a happy face on the teddy. Tie the scarf around the teddy and sew firmly to the back of the neck.

# Finishing:

Please stuff the teddy with either polyester or other healthy padding. Foam rubber is not recommended as babies/young children might chew it. *Do not* use buttons or beads or anything hazardous which may become detached and be a hazard to young children.