



Helping Couples Prepare For Marriage

Supporting couples

Couples tell us that participating in these sessions, helps them to *"focus on each other, and our relationship, in the midst of the busyness of getting ready for THE BIG DAY!"*

With the support of the local clergy, participate in *Loving for Life*, the Mothers' Union training course for those who want to offer marriage preparation sessions.

For more information about the *Loving for Life* training course, contact your diocesan Action & Outreach Coordinator or email the Mothers' Union Development Officer



at Mary Sumner House on outreach@themothersunion.org

For general guidelines about setting up and developing outreach initiatives, go to the members' section of the Mothers' Union website www.themothersunion.org