



# Fork to Plate Project

Building communities (Wakefield)

The fork to plate project aims to help families from a variety of cultures meet each other. They then gain a fuller understanding of the lifestyle and skills that people from a variety of cultures and backgrounds have.

Spare ground near a centre for refugees is being used to grow fruit and vegetables, with families working together at every stage.



The plan is to make jam together from some of the fruit that is harvested. Parents and children are involved in the project, supported by a team of volunteers which includes Mothers' Union members.

For general guidelines about setting up and developing outreach initiatives, go to the members' section of the Mothers' Union website [www.themothersunion.org](http://www.themothersunion.org)