



Top Tips for Mums and Dads

Supporting parents and families

Top Tips: A bookmark that offers encouragement and advice

All parents appreciate a bit of encouragement and support, so why not offer them this 'top tips' bookmark? It could be given out informally, to parents you know, or through events and occasions that bring parents together, such as:

- Parents' groups
- Parent and toddler sessions
- Baptism services
- Mothering Sunday
- Fathers' Day

There may be other ways that Mothers' Union is supporting families in your area, so as you give out the bookmark, you could pass on other helpful information too.



For general guidelines about setting up and developing outreach initiatives, go to the members' section of the Mothers' Union website www.themothersunion.org