



Tea and Toast

Supporting parents and families
(Lichfield)

At a primary school just next to the local Anglican church, members noticed that parents often stayed to chat after the school day began. They decided to open up the church twice a week, offering 'Tea and Toast' between 9am – 10am, to the parents, along with their pre-school aged children.



Members make the tea and the toast, and parents chat with each other and the members.

Copies of Families First and most recently the Bye Buy Childhood resources are left out for the parents to pick up if they want to.

"It's the pre-school children who remind their mums when it's a Tea and Toast day – they have jam with their toast and juice instead of tea, and think it's just the best thing ever!"

For general guidelines about setting up and developing outreach initiatives, go to the members' section of the Mothers' Union website www.themothersunion.org