



Tackling Torment

Supporting parents and families

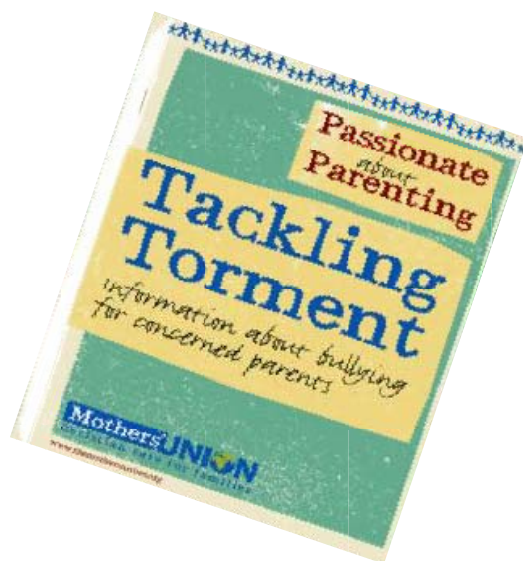
Tackling Torment is a resource that offers a range of helpful information and suggests actions parents can take to support their children, both those who are being bullied and those who bully.

Are there parents you know who might like a copy?

Consider offering your parish priest a copy of the resource and discussing together any ways that resource might be made available to parents through the church.

Could you share the booklet with teachers at the local school?

The booklets cost £1.00 per copy, including P & P. Email the Mothers' Union Central Services team on mu@themothersunion.org or telephone 020 7222 5533.



For general guidelines about setting up and developing outreach initiatives, go to the members' section (Action & Outreach) of the Mothers' Union website www.themothersunion.org