










Mothers' Union members and friends knit garments for use in hospitals, etc. Here are a few patterns that may be used.

For more information contact Judy on judyandmike@btinternet.com

Patterns for the following are included (*scroll down for patterns*)

-  Bonnet
-  Ventilator bonnet
-  Angel Pockets
-  Baby Jacket
-  Bootees
-  Blanket
-  Teddies
-  Sheep and lamb
-  Breasts

Bonnet

4 ply baby wool; no 10 (3.25) needles

Cast on 53 (61, 69) sts and work in moss st for 6 rows

Row 7: *k3, yfwd, k2 tog,* repeat * to * until last 3 (6, 4) sts k3 (6, 4) sts

Row 7 forms a row of eyelet holes, in case tubes need threading through in hospital)

Main part of bonnet

Continue in moss st for 25 (29, 33) more rows.

End main part of bonnet.

Shape Crown

1st crown row: k7 (7,8)sts *k2 tog, k5* repeat * to * to last 4 (5,5) sts, k2 tog, k2 (3,3). {46 (53, 60) sts}

2nd and every alternate row: purl

3rd crown row: k6 (6,7). *k2 tog, k4* repeat * to * to last 4 (5,5) sts. k2 tog, k2 (3,3) sts. {39 (45, 51) sts}

5th crown row: k5 (5,6) sts, *k2tog k3*. Repeat * to * to last 4 (5,5) sts k2 tog, k2 (3,3) sts {32 (37, 42) sts}

7th crown row: k4 (4,5) sts, *k2 tog, k2*. Repeat * to * to last 4 (5,5) sts, k2 tog, k2 (3,3) sts {25 (39, 33) sts}

9th crown row: k3 (3,4) sts, *k2 tog, k1* repeat * to * to last 4 (5,5) sts, k2 tog, k2 (3,3) {18 (21, 24) sts}

11th crown row: *k2 tog, k1* repeat * to * to end {12 (14, 16) sts}.

Break off yarn, run yarn through remaining stitches, draw up and fasten off.

To make up:

Join back seam to just past start of crown shaping, using a flat seam. Leave the rest open. Add ribbons on outside front corners, but do not thread through eyelet holes.

Ventilator bonnet with flap for scanning

This little hat pattern is written in various sizes and yarn. Please do not think that the smallest is too small. The 3 ply version In particular is useful for very tiny babies.

3 ply, no 12 (2.75mm) needles, 4 ply, no 10 (3.25mm) needles, double knitting wool no 8 (4mm) needles, This bonnet can be knitted using 3 ply, 4 ply or double knitting wool - adjust needles to suit. If using DK, the large size will be too big.

Knit flap first:

Cast on 15 stitches and work 2 rows in garter stitch (every row knit)

Next row: k7, yfwd, k2 tog, k6

Work 14 rows in garter stitch.

Cast off 2 stitches beg of next 2 rows.

Leave remaining 11 stitches on a spare needle

Bonnet:

Cast on 53 (61, 69, 77, 85) stitches and work in 1 x 1 rib for 6 rows.

Change to stocking stitch and work *2 (4,4,6,8) rows * on the 1st row of these * -* make a row if eyelet holes, ie knit 3 yfwd, k2 tog, repeat to the end.

Next row: k21 (25, 29, 33, 37) sts. Cast off 11 stitches, k 20 (24, 28, 32, 36) sts.

Working on first 21 (25, 29, 33, 37) sts only continue as follows.:-

1st row: k2, purl to last 2 sts, k2

2nd row knit

Repeat these 2 rows 5 more times, then 1st row once more.

Break off yarn and leave these stitches on a thread (or on the needles).

With wrong side facing rejoin yarn to remaining 21 (25, 29, 33, 37) stitches.

Continue as follows:

1st row, k2, purl to the end

2nd row, knit

Repeat 1st and 2nd rows 5 more times, then first row once more.

Next row: knit 21 (25, 29, 33, 37) sts.

Knit 11 stitches from spare needle, knit across remaining 21 (25, 29, 33, 37) sts left on the thread. (53 (61,69, 77, 85)

Next row purl.

Work 2 (4, 4, 6, 8) rows in stocking stitch.

Shape crown: 1st row: k7 (7, 8, 9, 9) stitches *k2 tog, k5 repeat from * to last 4 (5, 5, 5, 6)stitches, k2 tog, k2 (3, 3, 3, 4)

2nd and every alternate row purl

3rd row: k6 (6, 7, 8, 8) stitches *k2 tog, k4: repeat from * to last 4 (5, 5, 5, 6) stitches *k2 tog, k2 (3, 3, 3, 4) stitches

5th row: k5 (5, 6, 7, 7) stitches, *k2 tog, k3, repeat from * to last 4 (5, 5, 5, 6) stitches *k2 tog, k2 (3, 3, 3, 4) stitches

7th row: k4 (4, 5, 6, 6) *k2 tog k2 repeat from * to last 4 (5, 5, 5, 6) stitches *k2 tog, k2 (3, 3, 3, 4) stitches

9th row: k3 (3, 4, 5, 5) stitches *k2 tog, k1, repeat from * to last 4 (5, 5, 5, 6) stitches *k2 tog, k2 (3, 3, 3, 4) stitches

11th row: k0 (0, 1, 0, 0)stitches, *k2 tog, k1, repeat from * to last 0 (1, 1, 1, 0)) stitches, k0 (1, 1, 1, 0) sts

Break off yarn, run yarn through the remaining stitches, draw up and then fasten off.

To make up: join a couple of inches down back seam, leave the rest open, sew on buttons. The holes are for hospital use. Attach a small button to bonnet to fit buttonhole on flap.

Angel Pockets: 17cm (22cm, 28cm,33cm)

4 ply wool, or 3 ply for smaller sizes: size 9 (3 3/4) needles

Square (mitred):

Cast on 75 (101,125,151-sts

1st row (wrong side): Knit to centre 3 stitches, slip 1, knit 2 together, pass slip stitch over, knit to the end of the row.

2nd row: Knit

Repeat these 2 rows until 3 stitches remain.

Next row: slip 1, knit 1, pass slip stitch over.

Fasten off.

Triangle (mitred): this forms the pocket

At the cast on edge of the square (2 sides) pick up 75 (101,125,151) stitches

1st row (wrong side): knit 2 tog, knit to centre 3 stitches, slip 1, knit 2 tog, pass slip stitch over, knit to last 3 stitches, knit 2 tog knit 1.

2nd row; knit

Repeat these 2 rows until 7 stitches remain

Next row: knit 1, knit 2 tog, knit 1, knit 2 tog, knit 1

Cast off remaining 5 stitches

Sew lace round 3 raw edges, or crochet suitable edging.

Thread 16" (18",20"22") of ribbon or crochet chain from the right hand seam across front of pocket and our through left hand seam.

Gather pocket and tie with a bow.

Hand knit baby jacket

Approx size 12" worked in one piece to armhole—no side seams.

Use 4 ply baby wool and no 10 (3.25) needles - for even smaller use 3 ply

Cast on 104 sts and work 3 rows in garter stitch (every row knit)

Keeping 3 sts at each end in garter stitch, work 30 rows in stocking stitch (knit one row, purl one row)

If you wish, a small pattern may be worked on the first 6—8 rows, or on both fronts, using 6—8 stitches inside garter stitch border.

Next row: make buttonhole: k1 yfwd k2 tog, complete row as before. Work one more row.

Divide for armhole: pattern 28 sts, cast off the next 4 sts (leaving 26 on needle) knit 46, including stitch on needle.

Cast off 4. Pattern to end leaving 26 - 44-26

Continue on last 26 sts (keeping 3 sts at the end in garter st)

1st row purl

2 row k1, slip 1, k1, pass slip st over. Pattern to the end.

Repeat these 2 rows to 16 sts finishing at the neck edge.

Cast off 6 sts and decrease 1 stitch at neck edge on the following 4 rows.

Continue decreasing at the armhole edge as before to 2 sts.

Purl 2 tog.

Rejoin wool to 44 sts and purl to the end.

Next row k1, slip 1 k1, pass slip stitch over, knit to last 3 stitches, k2 tog k1.

Repeat last 2 rows to 18 stitches.

Purl one row. Cast off.

Rejoin wool to last 26 stitches.

Purl to last 3 sts, k3

pattern next row to the last 3 stitches, k2 tog, k1.

Repeat last 2 rows to 22 stitches finishing at the front edge.

Make buttonhole: k1, yfwd, k2 tog

Knit to last 3 stitches, k2 tog, k1 Pattern to the end.

Complete to match left front, reversing shaping.

Sleeves: cast on 26 sts garter stitch 5 rows

Continue in stocking stitch increasing 1 stitch at each end of the first and every following 6h row until 36 stitches

Stocking stitch 8 more rows ending on a purl row.

32 rows of stocking stitch have now been worked.

Shape top: cast off 2 stitches at the beginning of the next 2 rows.

Next row k1, slip 1, k1, pass slip stitch over, knit to the last 3 stitches, k2 tog, k1.

Next row, purl to the end.

Continue with these 2 rows until 6 stitches remain. Cast off.

Join raglan sleeves: pick up 48 stitches evenly round the neck.

Garter stitch 5 rows, making buttonhole as before on 2nd row.

Cast off.

Sew up seams neatly and add on buttons.

Baby booties:

Be careful when you knit booties to keep them very small. The units do not seem to use as many pairs as they used to. Watch your pattern size. This pattern measures just 2 1/2" (6cm) across and they are 2" (5 cm) deep when the top is turned over.

No 12 (2 3/4 mm) and no 10 (3 1/4mm) needles , 4 ply yarn.

With no 12 needles cast on 23 (29,, 31) stitches and work 4,5cm (5cm, 5.5cm) in knit 1 purl 1 rib ending with a first row decreasing 1 stitch at the end of the last row on the first 2 sizes 22 (28, 31) sts.

Change to no 10 needles:

Starting with a knit row work 2 rows in stocking stitch

Shape instep: knit 15 (19, 21) sts. Turn .

Next row: purl 8 (10, 11) turn

Work 10 (12, 14) rows in stocking stitch on these 8 (10, 11) stitches. Break off yarn.

With right side of work facing, rejoin yarn at point of right needle and pick up 7 (8, 8) sts evenly up right hand side of instep.

Knit 8 (10, 11) sts across the top, pick up and knit 7 (8,8) sts evenly down the left hand side of instep and knit across the remaining 7 (9, 10) sts. {36 (44, 47) sts}

Work 9 (11, 13) rows in garter stitch (every row knit).

Shape foot:

1st row k1, k2 tog, k10 (13,14) k2 tog through back of loop, k6 (8, 9) knit 2 tog, knit 10 (13, 14) knit 2 tog through back loop, 32 (40,43) sts.

2nd row; knit

3rd row k1 k2 tog, k9 (12,13) k2 tog through back of loop, 28 (36,39) sts.

4th row knit

Cast off.

To make up join under foot and back seam reversing seam for turn back.

These little booties do not need ribbons.

Blanket:

This blanket is warm with no holes for little fingers to catch in. It can be used to wrap the baby up whilst feeding or nursing, or it just be used as a cover. It is approx 24" square.

200 gms double knitting wool, no 8 UK needles

Cast on 1 stitch

Next row: Make the 1 stitch in to 2 stitches

Next row: knit one, into the next stitch make another - 3 stitches on needle

Continue to knit, **always knit** the 1st stitch and in the 2nd stitch make another.

Only increase in this way at the beginning of a row.

Continue until you have almost come to the end of 100 gm ball.

Knit 1 row plain.

Next row: k1, k2 tog, knit to the end of the row.

Continue in this way.

Always knit the 1st stitch, then decrease into the next stitch by knitting 2 tog until 1 stitch remains.

Cast off.

Knitted Teddies

These are used to give to children in hospital, maybe travelling in an ambulance, for Dads in prison to give to children when they visit and many other occasions. We need a constant supply.

Three or four colours of double knitting wool.

Needles: Size 3 1/4 (no 10)

Guidelines for colour way:

Main colour for head and paws, Trouser colour

Jumper colour, Scarf colour

Knit in garter stitch throughout except where directed otherwise.

Cast on 10 sts in main colour. Knit 10 rows.

Change to trouser colour and knit 30 rows. Break off yarn and leave on a safety pin while you knit another leg exactly the same.

Join the legs together by knitting across all 20 sts and knit 16 rows.

Change to jumper colour and knit 24 rows.

Change to main colour for head and change to stocking stitch. Work for 16.5 cm (5"), then change to jumper colour.

Continue remainder of teddy in reverse order.

Stitch down sides of the head.

With jumper colour pick up 8 sts either side of neck join (16 sts in all) and knit 20 rows.

Using main colour knit 10 rows.

Cast off.

Sew up teddy leaving an opening in crotch for filling.

Sew diagonal corners on head for ears before stuffing with polyester filling. Do not use foam chippings.

Run a thread around the neck and pull up to shape head. Sew happy face using a stem stitch or back stitch, remembering that the eyes actually come half way down the face!

Scarf: cast on 75 sts and knit 4 rows. Tie scarf around teddy's neck and stitch right through to fix securely.

You could make a sleeping bag for teddy too, either by knitting or sewing brightly coloured material. This makes the gift more special.

Small Teddies

Size 3 3/4 mm needles

1st leg

Garter stitch unless stated

Cast on 6 stitches. Knit 8 rows (colour for foot)

Knit 16 rows (colour for trousers)

leave on needle and make second leg the same.

Join the two legs to make body (12 stitches)

Knit 16 rows.

Join colour for head and **stocking stitch** for 28 rows.

Join colour for body knit 16 rows.

Divide for legs (6 stitches). Knit as for legs.

Fold body in half (inside out). Stitch head.

Pick up 5 stitches each side of body for arms (10 stitches). Knit 12 rows

Join colour for paws – knit 6 rows.

Stitch inside out leaving a space for stuffing. Stuff with kapok or similar and stitch opening.

Using wool stitch eyes, nose and mouth.

Sheep and Lamb

4mm (number 8) needles
double knitting wool,
work bodies in garter stitch, the rest in stocking stitch (SS).
Instructions for the sheep are given in brackets.

Body - Cast on 14 (20) stitches, knit 16 (20) rows. With a large sewing needle take the stitches off onto a length of yarn and draw up. With wrong sides facing stitch the long edges together. You should now have a tube. Turn to the right side, stuff and draw up the open end to make a fat sausage shape.

Legs (knit 4) - Cast on 6 (6) stitches and work 8 (10) rows in SS. Cast off. Roll up the knitted piece from bottom to top as tightly as you can to form a tiny sausage shape and stitch down the open edge (no stuffing required). Stitch the tops of the legs to the body.

Head - Cast on 9 (12) stitches and work 10 (12) rows in SS. Take stitches off onto a sewing needle and draw up. With right side facing neatly oversew the long edges together. Lightly stuff the head and gather the open end. Decide which end is better for the nose and stitch the head to the body.

Ears (knit 2) - Cast on 3 (3) stitches and work 3 (3) rows in SS. Remove stitches onto sewing needle and draw up, this makes the pointed end of the ear. Stitch the ear to the top of the head.

Now embroider a face.

(Thanks to Carol Coleman for sheep and lamb pattern. Adapted from a pattern available from <http://flutterbypatch.typepad.co.uk>)

Knitted Breast:

These are used by midwives to help new Mothers with breast feeding techniques

1 Ball of flesh coloured (suitable for all cultures) double knitting wool. 1 Ball of slightly darker wool for nipple.

Pair of size 10 and size 8 Knitting needles. (3mm and 4mm)

Abbreviations: K = knit, M = miss

With size 8 needles cast on 6 sts.

1st row Knit.

2nd row K1 (ml k1) to end. lists. Make 1 by picking up loop between stitches.

3rd row and every alt row Purl.

4th row K1 (ml K1) to end 21 sts.

6th row K1 (ml K2) to end 31 sts.

8th row K1 (ml K3) to end 41 sts.

10th row K1 (ml K4) to end 51 sts. .

12th row K1 (ml K5) to end 61 sts.

14th row K1 (ml K6) to end 71 sts.

15th row Purl.

16th row Knit

17th row Knit.

Change to size 10 needles.

Work 20 rows in st.st.

21st row K1, *K2 tog, K5, rep from *to end

22nd and alt rows Purl.

23rd row K2 tog K4 to last st K1.

25th row K4 (K 2 tog K3) to last 2 sts K 2 tog.

Change to darker wool.

27th row K3 (K 2 tog K2) to last 2 sts K 2 tog.

29th row K2 (K 2 tog K1) to end.

31st row K1 *(K2 tog) to end. 11 sts.

32nd row Purl.

Work 4 rows in st.st.

Break wool, thread through remaining 11 stitches.

stuff and sew up the Breast.